



Dear Guests

We wish you a warm welcome to The Steadings.

This guest information book provides you with all the information you should need in order to enjoy a comfortable & relaxing stay with us. As well as in-house information we have provided details on local restaurants, attractions, taxis & public services which we hope will be informative and of use to you.

If you require assistance during your stay simply use the internal door bell located in the Guest Lounge area. Should we be out please check the small blackboard on the dresser within the reception area, this will let you know we have popped out and provide you with the number to get us on should you need help immediately.

We appreciate all your comments & suggestions & would invite you to also leave a comment in our Visitors Book located in the Guest Lounge before you depart.

We hope that you enjoy your stay with us & should you need anything at all just ask.

Haste Ye Back

Kirsty & Calum



### **COVID-19 (Coronavirus) Policy & Procedures as @ July 2020**

The health, safety & security of all our guests, employees, residents here at Rameldry Log Cabins and the local community is our highest priority. Please take a moment to take note of how we are providing a safe environment to welcome you and enjoy during your stay and those around us too.

**PLEASE NOTE ALL COVID-19 (Coronavirus) POLICES ARE BASED ON CURRENT UK & SCOTTISH GOVERNMENT GUIDELINES AND ARE CONSTANTLY BEING REVIEWD BASED ON THE LATEST ADVICE. WE ASK THAT ALL GUESTS TAKE THE TIME TO READ THIS GUEST INFORMATION IN FULL PRIOR TO THEIR STAY**

Here at Beech Lodge we have always operated to a high standard to ensure our accommodation & public spaces are clean and safe for our customers. Due to COVID-19 below are detailed the additions to ensure safety during the COVID-19 Pandemic and are based on the regulations and guides given by the Scottish Government.

Here at Beech Lodge & The Steadings we have taken and will continue to in respect of any future changes, the appropriate measures to reduce the risks from COVID-19 (Coronavirus) to our guests, employees, residents here at Rameldry Log Cabins and members of the local community.

This section of the Guest Information Booklet forms part of our risk assessment and outlines equipment and procedures that have been put into place to reduce the risk of infection & demonstrate that we offer an environment that is always safe for everyone.

#### **IN SUMMARY THIS INCLUDES:**

- A full cleaning protocol checklist for all indoor guest accommodation, hot tub and surrounding areas and communal areas is completed at each turnaround between each guest stay. This is signed and kept on file and can be requested to be seen or a PDF copy to be sent to guests should they require.
- Full PPE is worn by staff during all turnaround cleaning periods, consisting of mask, gloves (changed for each area as per government cleaning protocol stated above), disposable apron, full use of hand sanitizer before, during and after when gloves are changed.
- Hand sanitizing gel and handwash is in both the main kitchen/living area and the WC/shower room of Beech Lodge Log Cabin, we ask guests to use this consistently through out there stay in line with public guidelines by the Scottish Government.
- Implementing procedures and protocols to limit social contact where the 2metre (subject to change as per Scottish Government Guidelines) cannot be implemented.
- Contactless check in. Cabin will be unlocked, and the key will be hanging up inside. A check in tour by way of video will be sent by text or WhatsApp to all guests prior to arrival to familiarize them with the cabin and various elements such as heating, emergency lighting, kitchen operations and hot tub use and maintenance as required throughout their stay.



- Contactless payment by phone or payment email link prior to arrival.
- Contactless registration for test, trace and protect, sent to guest in DocuSign format by email for electronic signature. On receipt will be kept in paper and electronic format for records.
- Contactless hot tub rule disclaimer form sent to guest in DocuSign format by email for electronic signature. On receipt will be kept in paper and electronic format for records.
- Contactless check out, guest will be instructed to leave key where it was on arrival, text owner on time of leaving and 2mtr social distance rule, subject to change by Scottish Government, farewell will be given.
- All staff when dealing with guests face to face will wear face masks and observe the social distance 2mtr rule, subject to change by Scottish Government.

**The COVID-19 (Coronavirus) Pandemic has affected life as we have known it for all of us. We hope that your stay with us provides a much needed and enjoyable relaxing break. We aim to ensure that each guest enjoys there stay and always feels safe and secure considering this Pandemic.**

**We as owners and operators will do everything in our mean as detailed above and beyond such to ensure all measures and protocols are being met and carried out. We would like to ask you our guests to adhere to the following before arrival and during your stay with us, this is not only to keep you and your party safe but to ensure the safety of everyone around you, our staff and future guests:**

- Please follow the governments advice to avoid catching or spreading Coronavirus. This includes washing our hands regularly, covering your mouth and nose when coughing or sneezing, putting used tissue in the bin or toilet, avoiding close contact with people who are unwell.
- If ANY guest has been in contact with anyone who has tested positive for COVID-19 (Coronavirus) within the last 14 days, we ask that you follow the appropriate advice and do not travel to stay with us and notify us immediately.
- If you or anyone in your party is experiencing flu-like symptoms or has a cough /cold/temperature or any of the symptoms relating to COVID-19 (Coronavirus) we ask that you follow the appropriate advice and do not travel to stay with us and notify us immediately.
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- If you develop symptoms that could be related to COVID19- (Coronavirus) whilst staying at our accommodation please inform us immediately, self-isolate in your accommodation and request a test immediately. If you are confirmed to have COVID-19 (Coronavirus) you will be asked to return home if possible and safe to do so. If you are unable to return home your circumstances will be discussed with a doctor, and of necessary the local authority. If you are advised to remain in your accommodation longer than booking, subsequently affecting future arrivals, you will be expected to pay for further accommodation costs, and this will be discussed as and when required.



- If you have ANY concerns about you stay with us, please just contact us and we will be happy to answer any queries.
- If you need to cancel your booking due to COVID-19 (Coronavirus) our standard cancellation policy applies, which states if you cancel your booking 7 days or less prior to arrival you will be liable for the full cost of the whole reservation you have booked. However, as a gesture of goodwill, we will obviously deal with each case to case basis. Where you wish to postpone your booking to a later date, we will hold any monies paid as a deposit against a future booking to be taken within 12 months of cancellation.
- Where the booking must be cancelled due to Government Lockdown, we will advise each guest individually by telephone and discuss if they would like to postpone and clarify all policies on such at the time of such an event.

All changes to guest check in / check out and other contact situations are detailed within the Guest Information booklet sent to each guest prior to arrival.

We thank you for taking the time to read these very important changes to policies and procedures. We must all remember they are there for the safety of us all and to ensure safe and happy stays here at Beech Lodge.



# Committed to clean

Welcome! We're committed to Airbnb's enhanced cleaning protocol, which has been developed in partnership with experts in health and hospitality. Here's what we've done to clean and sanitise the space:

**Approved products**

We use disinfectants approved    We wore protective equipment, like by global health agencies to help    a mask and gloves, while cleaning prevent the spread of COVID-19

**Protective equipment****Cleaning supplies on hand****Thoroughly clean**    We provide extra cleaning supplies,

Each room has been cleaned    so you can clean as you stay following extensive cleaning checklists

**Every surface sanitised**

All high-touch surfaces have been sanitised, such as doorknobs, cabinets and light switches

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This space is cleaned and managed by KIRSTY DODDS

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This cleaning summary is provided by your host. It's not a statement made by or on behalf of Airbnb. To learn more about the protocol, visit [airbnb.com/cleaning](https://airbnb.com/cleaning)





## COVID-19 Industry Standard

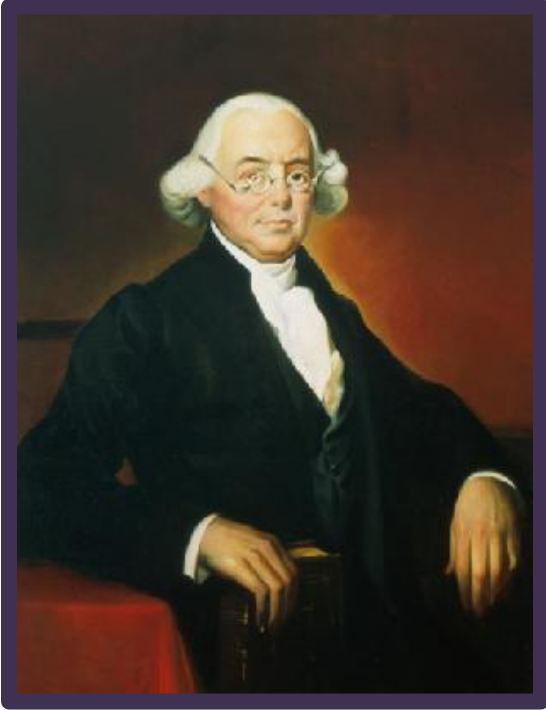
In Partnership with;

The National Tourist Organisations of Great Britain and Northern Ireland

In recognition that this business has confirmed that they have followed government and industry COVID-19 guidelines, ensuring processes are in place to maintain cleanliness and aid social/physical distancing.







## The Wilson Room

Named after Justice James Wilson

Wilson was one of seven children born into a Presbyterian farming family on September 14, 1742 near St. Andrews, Scotland, to William Wilson and Alison Landall.

He studied at the Universities of St. Andrews, Glasgow and Edinburgh, but never obtained a degree.

Imbued with the ideas of the Scottish Enlightenment he moved to Philadelphia, Pennsylvania, in British America in 1766, carrying valuable letters of introduction. These helped Wilson to begin tutoring and then teaching at The Academy and College of Philadelphia (now the University of Pennsylvania). He petitioned there for a degree and was awarded an honorary Master of Arts several months later.

As one of the Founding Fathers of the United States and a signatory of the United States Declaration of Independence. Wilson was elected twice to the Continental Congress, where he represented Pennsylvania, and was a major force in drafting the United States Constitution. A leading legal theorist, he was one of the six original justices appointed by George Washington to the Supreme Court of the United States.





## The Durham Room

Named after

Admiral Sir James Charles Durham

Admiral **Sir Philip Charles Calderwood Henderson Durham**, GCB (29 July 1763 – 2 April 1845) was a Royal Navy officer whose service in the American War of Independence, French Revolutionary War and Napoleonic Wars was lengthy, distinguished and at times controversial.

Destined to be one of the luckiest men in the Georgian Navy, Philip Charles Durham was born in Largo, Fife in 1763, the fourth child and third son <sup>[1]</sup> of James Durham <sup>[2]</sup> His maternal grandmother was the diarist Margaret Calderwood <sup>[3]</sup> He came from a wealthy landed family, and entered the navy aged fourteen in 1777 aboard the ship of the line HMS *Trident*. His first year at sea became rather difficult when he found himself under a tyrannical and occasionally sadistic commander, <sup>[4]</sup> who reduced the ship to a state of near mutiny on a couple of occasions

His semi-retirement was punctuated in 1830 with a promotion to full admiral <sup>[20]</sup> and conferment as a Knight Grand Cross of the Order of the Bath on 1 December. He was later a Member of Parliament for Queenborough in 1830 and Devizes in 1834 and naval Commander-in-Chief, Portsmouth <sup>[21]</sup> and was the second president of the Army and Navy Club in London.

Following his second wife's death in 1844, Durham journeyed to Italy on private business, making it to Rome and Naples before he was struck down at age 81 by bronchitis. He died a short while later, on 2 April 1845, his remains being returned to Largo for burial in the family vault. He had an illegitimate daughter, Ann Bower (1789/90 – 1858), but left no further descendants.



## **EMERGENCY INFORMATION**

### **In The Event of the Fire Alarm Sounding**

In the event of the fire alarm sounding please evacuate the building as quickly & calmly as possible to the assembly point, the centre of the main car park area. Please close all doors behind you. Do not stop to pick up belongings. Do not re-enter the building until authorised to do so.

Please familiarise yourself with your means of escape which in all cases is through the main front entrance door of the building. Once outside make your way to the centre of the main car park area where a roll call of all residents will be taken.

**Please do not leave your keys in the bedroom door lock.** This is to ensure we can gain access to all our rooms during any emergency.

If you have any hearing, sight or mobility difficulties which may make it difficult to evacuate the building in the event of an emergency please notify us upon arrival so that we can assist you.

### **In The Event of Finding a Fire**

Dial 999 and ask for the Fire Brigade & alert us via the internal bell in the Guest Breakfasting Room.

**Under no circumstances should you attempt to attack the fire**

Provide our details as follows:

THE STEADINGS, RAMELDRY MILL ROAD, KETTLEBRIDGE, FIFE, KY15 7TY

TEL: 01337830493

### **Other Emergencies**

If you require any of the Emergency Services (Police, Fire Brigade or Ambulance) call 999. Should you need to contact any of these services please notify us, if we are not in-house please call the contact number next to the internal bell within the guest breakfasting room.

We operate a voluntary log of our guests' whereabouts which is kept in the guest lounge. If you are going out for the day please fill this in with your estimated time of return & a contact number. This enables us inform the emergency services that you are not present at the time of any emergency.



## **MEDICAL INFORMATION**

### **Doctors Surgery**

Howe of Fife Medical Practice, 27 Commercial Road, Ladybank, KY15 7JS

Tel: 01337 830765

Opening Hours: Monday-Friday : 08:30-18:00 – Closed 13:00-14:00 for lunch  
: Closed Saturdays & Sundays

**NHS 24 – out of hours GP & assistance – dial free 111**

### **Local Chemist**

Davidson's Pharmacy, 30 Commercial Road, Ladybank, KY15 7JS

Tel: 01337 830425

Opening Hours: Monday-Friday : 09:00 – 18:00 – Closed 13:00-14:00 for lunch  
Saturday : 09:00 – 12:30 – Closed on Sundays

### **Dentist**

NHS: Cupar Dental Access Unit, Adamson Hospital, Bank Street, Cupar, KY15 4JG

Tel: 01334 656276

Opening Hours: Monday-Friday : 08:30-17:00 – Closed 12:30-13:00 for lunch  
Closed Saturdays & Sundays

### **Hospitals**

#### **Minor Injuries**

Adamson Hospital, Bank Street, Cupar, KY15 7JG

Tel: 01334 651200

Opening Hours: Monday-Friday 0830:18:00

#### **Main Hospital – Emergency 24 Accident & Emergency**

Victoria Hospital, Hayfield Road, Kirkcaldy, Ky2 5AH

Tel: 01592 643355



## **CHECK IN & REGISTRATION**

Around a week before your arrival we will have contacted you to arrange your arrival time and send you a link to our website where you can watch our contactless welcome/check-in video. This will show you around the whole of your accommodation, detailing any operations you may need to know and showing you the location of items, you will most likely use and those you may need during your stay.

A complete demonstration of how to safely and correctly open the hot tub cover, use the hot tub jet functions and close the hot tub will be shown on this video and are detailed further in this document.

On arrival we will come out to meet you as we hear you arrive, should we not be out within a few minutes of your arrival please come to the main house, The Steadings and ring the bell. You will be greeted at the recommended social distancing 2 mtr, subject to change by Scottish Government, and all staff will wear the appropriate face mask protection. We will then show you the best place for you to park and show you to the main entrance door. The main entrance door will be unlocked and you will be asked to open the door in order to limit the use of such to you and you alone throughout your stay, in line with the guides and new regulations. We will point you in the direction of your bedroom, your key will be in the door, and then take a tour around your lounge facilities, get settled and comfortable and enjoy your stay.

Where you're stay is longer than 1 night, the hot tub will require a daily chemical treatment. This is for the safe and correct use, as per HSE guidelines, of the hot tub. We will arrange a time daily to come and administer these for your continued safe use.

## **CHECK OUT**

The latest check out is 12noon. We ask all guests to leave the key in your bedroom door. We ask that you contact us by text, WhatsApp or telephone on 07885533860 30 mins prior to departure. This way we can social distance meet and ensure your stay was enjoyable and take any feedback, help with any questions or ideas for improvement or even organize your next stay. The Steadings.

## **ACCESS TO HOUSE & KEYS**

Each guest room has a key which opens both the main entrance door & your bedroom. Please keep these safe & take them with you when you go out as the front door may be locked when you return. Anytime you are coming back from being out and about we ask you, as per the national guidelines, to use the hand sanitiser provided outside prior to using the front door and again internally. The main entrance hall lights and front external lights will always be on overnight. You have your key to allow you to come and go as you please. Please don't leave your keys in the bedroom door lock when you are out and please ensure if you are out your bedroom is locked and the main door for safety, and take your key with you. This is to ensure safety and if we need to gain access at any time in case of emergency.

Due to our guest keys being a specialty order item loss or non-return of such will incur a £70 charge.

## **GUEST LOUNGE, BALCONY & GARDENS**



Guests are free to use the lounge at anytime during their stay with TV, books, magazines & games. Within the guest lounge are dining areas, a fridge, kettle, coffee machine for your use. Crockery and cutlery, glasses and cups etc can be found in the main unit where the sink is housed. We simply ask when using any crockery for eating takeaway or any food you may have with your, just give anything used a quick rinse, and leave on the tray provided. We will then pop in regularly to clear this and return when washed etc.

The T.V. within the guest lounge has Amazon Prime and Netflix, simply log in to enjoy during your stay. However please remember to log out before your departure, to avoid any use from another guest.

Please feel free to sit and enjoy the sun on our balcony to the front, enjoy the surrounding. Ask us at any time for some lovely walks from our doorstep that you can enjoy.

### **Alcoholic Beverages**

We do not have a license to sell alcohol, however should you wish to have wine or alcoholic beverages within your room or guest lounge/breakfasting area please feel free to do so. A fridge is available in the guest breakfasting kitchen for chilling your drinks or you can ask us for an ice bucket if you wish to consume these in your room.

### **Additional Guest Drinks & Snacks**

As well as your complimentary hospitality tray in your room we have provided tea and coffee facilities within the guest breakfasting area. There is a selection of complimentary fruit teas, normal everyday tea & coffee for your pleasure. A kettle, cups, teaspoons, milk etc are provided in the unit within this area.



## **IN YOUR ROOM**

### **Duvets Pillows & Linen Changes**

Our duvets are goose & duck feather with one feather pillow & one allergy pillow per guest. Should you have allergies that you have not covered during your booking or check in please let us know and we can change these to allergy friendly duvet & pillows accordingly. If you require an additional pillow please let us know and we will happily provide you with one. In line with regulation & environmental recommendations we change all bed linen every fourth day of your stay. Should you wish to have these changed sooner please speak to us and we will arrange this for you.

### **Towels**

A robe, bath sheet & hand towel is provided per guest & one bath. Again in line with regulation & environmental recommendations we change these items every fourth day of your stay. Should you wish to have these changed sooner please speak to us and we will arrange this for you.

### **Complimentary Guest Toiletries**

The shower is complete with body wash/shampoo and conditioner. Antibacterial hand wash is in your WC as is hand sanitiser and also situated within the reception, front balcony and guests lounge are hand sanitisers for your use throughout your stay. Please ensure you use these continually in line with government guides in this time of the COVID-19 pandemic.

### **Bedroom Daily Make Up**

We will make up your bed & clean your bedroom & bathroom every day. This will usually happen between 12 & 14:00 hours. Should you prefer us not to clean your room or would like some peace & quite please use the "please do not disturb" door hanger provided. Your hospitality tray will be replenished daily in line with your instruction also.

### **Our Water**

Here at The Steadings we are proud to provide our very own fresh mineral water direct from our very own bore hole, stunningly fresh & with a gorgeous taste, our water is safe to drink straight from the tap.

### **Television**

Television remotes are in each room & offer a freeview facility & radio stations. If you have any problems please do not hesitate to ask. The television also has an alarm clock function.

### **Hairdryer & Ironing Facilities**

A hairdryer is supplied within your dressing table top drawer. An iron and ironing board are located in the wardrobe as is a further throw for your pleasure should you feel the Scottish chill.

### **Heating**



The heating within your room & en-suite can be adjusted by way of the thermostatic radiator valves. In the summer the heating requirement is assessed with our outside bonny Scottish weather. In the winter cooler months the heating will be on daily during the following times:

07:00 – 10:00

13:00 – 15:00

20:00 – 23:00

Should you feel a nip in the air out-with these times please just ring the bell in the guest lounge & we will boost it for you.

### **LOCAL AMENITIES**

#### **Post Offices with Cash Machines**

Kingskettle Post Office: Within Kettle Convenience Store, 6 South Street, Kingskettle, KY15 7PL

Ladybank Post Office: Within Spar Convenience Store, 54 Commercial Road, Ladybank, KY15 7JS

Freuchie Post Office: Within Spar Convenience Store, High Street, Freuchie, KY15 7EY

#### **Banks**

Bank of Scotland: 3 The Cross, Cupar, KY15 4BP

Lloyds TSB: 46 Crossgate, Cupar, KY15 5HS

#### **Petrol Stations**

Bridgend Services: Ladybank Road, outskirts of Freuchie, KY15 7HY

Tesco Superstore: South Road, Cupar, KY15

Asda Superstore: Fullerton Road, Glenrothes, KY15 5QB

Morrison Superstore: Flemington Road, Glenrothes, KY15 5QF



## **LOCAL TRANSPORT**

### **Taxi Services**

Freuchie Taxis: 01337 858722 / 07834551509 – offer a late evening service & are our preferred service

Falkland Taxis: 01337 857485

Kettle Taxis: 01337 830256

### **Trains**

National Rail Enquiries: [www.nationalrailenquiries.co.uk](http://www.nationalrailenquiries.co.uk) tel: 0345484950 (24hrs)

Ladybank Train Station, Commercial Road, Ladybank, KY15 7JS

Cupar Train Station, Station Road, Cupar, KY15 5HX

Markinch Train Station, Mitchell Terrace, Glenrothes, KY7.

Regular train links to Edinburgh, Perth, Dundee & more from each of the above stations.

### **Buses**

Stagecoach Bus Timetables: [www.stagecoachbus.com](http://www.stagecoachbus.com)

Local Buses from Kettlebridge bus stop at Cupar Road, Kettlebridge

Glenrothes Bus Station, Postgate, Glenrothes, KY7 5LH

Regular local bus routes & further afield routes to Cupar, St. Andrews, Edinburgh, Perth, Dundee & more from all of the above stations/stops.

## **WALKING IN THE AREA & BEYOND**

Here at The Steadings we have a number of lovely walks direct from our doorstep just ask and we can direct you and provide some personal favourites by way of maps & directions. Over and above these Falkland Village provides a vast array of walks through the Lomond Hills & surrounding area. Below we have detailed a main website that details all of our surrounding walking routes from leisurely strolls to longer treks & nature walks. These are available to download on your mobile however should you wish to have any of these printed off please feel free to ask us and we can print these for you.

[www.walkhighlands.co.uk](http://www.walkhighlands.co.uk)

When accessing the site you are searching for East Neuk of Fife, Falkland & St Andrews.





### **Take-away Dining**

The following takeaway services deliver to Beech Lodge and you will find a menu for each within this guest information folder:

Kettlebridge Bar & Italian Restaurant, Main Street Kettlebridge provide take away of their entire menu which is a fantastic Italian eating experience. From home made gorgeous pizza to steak or a lovely choice of pasta dishes it's a great alternative to the normal take away. This can be ordered by calling 01337 830232, during new restrictions we will advise verbally of any changes to the services they will provide. Currently you must order by telephone and pay by card over the phone. You then are advised of a time for pick up, they will then instruct you of the safe and organized areas and procedures for pick up. For the latest menu check out their Facebook page or simply call and they will send to you.

The Good Food Hut, Auchtermuchty - tel: 01337 828380 - you can find their menu and order on line by clicking the link [www.thegoodfoodhut.co.uk](http://www.thegoodfoodhut.co.uk) good old fashioned home cooking delivered.

Oriental Café, Chinese Takeaway, Ladybank - tel: 01337 832888 - You can find their online menu by clicking the link [Oriental Cafe Takeaway Ladybank](#)

Chopstix, Chinese Takeaway, Markinch- tel: 01592 769299 - You can find their online menu by clicking the link [Chopstix Chinese Takeaway Markinch](#)

Aangan Indian Restaurant and Takeaway, Cupar - tel: 01334 652998 / 01334 652228 - You can find their online menu by clicking the link [Aangan Indian Takeaway](#)

### **PLACES TO EAT & DRINK**

**PLEASE NOTE IN LINE WITH CURRENT COVID-19 (CORONAVIRUS) THE RESTAURANTS BELOW MAY BE OPERATING IN RESTRICTED FORMATS. WE WILL INFORM YOU ON ARRIVAL TO THE BEST OF OUR KNOWLEDGE THEIR WORKING TIMES AND OFFERINGS, HOWEVER WE ALWAYS ADVISE PHONING THEM DIRECT FOR FULL INFORMATION AND TO BOOK.**

Below we have provided a list of lovely local restaurants & pubs that surround us & some a little bit further afield in St. Andrews. There is a wealth of restaurants & cafes over and above these so please let us know if you would like help sourcing any others than those listed. We welcome recommendations from our guests, should they try a restaurant we may not have been to, so we can list them for future guests to enjoy.

Should you wish to take advantage of these offers please let us know and we can provide you with a voucher or information. Should you wish assistance in booking any local establishments we will happily do this for you.



**Kettlebridge Bar & Restuarant** 9 Cupar Road, Kettlebridge Tel: 01337 830232.

**Pitlessie Village Inn** Cupar Road, Pitlessie TEL: 01337 830595

**Lomond Hills,** High Street, Freuchie TEL: 01337830595

**Little Venice,** The Cross, Cupar TEL: 01334 650557

**Watts,** Station Road, Cupar TEL: 01334657938

**Rumbledethumps, The Dairsie Inn** 45 Main Street, Dairsie TEL: 01334870273

**Shehnai Indian Restaurant** 27 Crossgate, Cupar TEL: 01334655784

**The Peat Inn Restaurant** Peat Inn Nr St.Andrews KY15 LH TEL: 01334 840206

**The Taileend Restaurant & Fish Bar** 130 Market Street, St Andrews TEL: 01334 474070

**Forgans** 110 Market Street, St. Andrews TEL: 01334 466 973

**The Dolls House** 3 Church Square, St. Andrews TEL: 01334 477422

## **OUT & ABOUT**

We have a wealth of information leaflets as well as personal recommendations on things to do & see please just take a look at our leaflet display in the main hall or ask us. Below is a small compilation of these.

### **Local Tourist Attractions**

- Fife Zoo: Birnie Field, Ladybank, KY15 7UT TEL: 01337 258214



- The Scottish Deer Centre : Bow of Fife, Cupar, KY15 4NQ TEL: 01337 810391
- Cairnie Fruit Farm & Mega Maze : Cairnie, Cupar, KY14 4QV TEL: 01334 655610
- Muddy Boots: Balmalcolm, KY15 7TS TEL: 01337 831222

### **Golfing**

- Kingarrock Hickory Golf Course: Hill of Tarvit Mansion House, Cupar, KY15 5PB TEL: 01334 653421
- Ladybank Golf Course: Annsmuir, Ladybank, KY15 7RA TEL: 01337 830320
- The Old Course, The Links House, St Andrews, KY16 9XL TEL: 01334 466718

### **Fishing**

- Goldenloch Fishery : Berryhill Farm, Newburgh, KY14 6HZ TEL: 01337 840355

### **Places of Historical Interest**

- Scotland's Secret Bunker: Crown Buildings, Troywood, St.Andrews, KY16 8QH TEL: 01333 310301
- Falkland Palace & Gardens: East Port, Falkland, KY15 7DA TEL: 01337 857397
- Hill of Tarvit Mansion: Cupar, KY15 5PB TEL: 01334 653127

### **GENERAL INFORMATION**

#### **Wi-Fi Access**

The SSID is: **The Steadings** : please note there is a space between the words

The Wi-Fi access code is: **The Steadings1996**

#### **Noise**

Everyone has to live together so in this respect please keep noise to a minimum during the late hours. After 11pm we would like the TV volume in the guest room to be kept as low as possible and also the same in the rooms.

However if you have booked out the whole accommodation do what you want.....(within reason)

#### **Smoking**

Smoking is not permitted within "The Steadings". There is a designated smoking area situated on the front balcony. We ask that guests respect this policy and dispose of cigarettes in the stand provided.



If you are in the Selkirk room then you can smoke on the patio but please check to see if the other guests windows are open.

### **First Aid**

Should you require the use of a first aid box you will find this located in the guest lounge area.

